Alzheimer's LOS ANGELES

Classes & Workshops

NOVEMBER 2026

Join FREE classes & programs in-person & online.

CALL: 844.435.7259
VISIT: AlzheimersLA.org
EMAIL: rsvp@alzla.org

ONLINE CLASSES

MONDAY, NOVEMBER 2 • 10 AM
Communication & Dementia

WEDNESDAY, NOVEMBER 4 • 9 AM
Let's Chat: Communication

THURSDAY, NOVEMBER 5 • 9 AM
Let's Chat: Bathing

MONDAY, NOVEMBER 9 • 9:30 AM
Holiday Tips for Caregivers

WEDNESDAY, NOVEMBER 11 • 10 AM
Making Home Safe for Someone with Alzheimer's

WEDNESDAY, NOVEMBER 11 • 1 PM
Behaviors & Alzheimer's

FRIDAY, NOVEMBER 20 • 3 PM
Making Home Safe for Someone with Alzheimer's

IN-PERSON CLASSES

TUESDAY, NOVEMBER 17 • 1 PM
Memory Matters
Sunland Senior Citizens Center
8640 Fenwick St. Sunland, CA 91040

TUESDAY, NOVEMBER 17 • 1 PM
Lost Memories: Season 2
South Pasadena Senior Center
1102 Oxley St. South Pasadena, CA 91030

THURSDAY, NOVEMBER 19 • 10 AM
Making Home Safe for Someone with Alzheimer's
Cerritos Senior Center
12340 South St. Cerritos, CA 90703

SAVVY CAREGIVER®

Develop the basic knowledge, skills, and attitudes needed to care for someone with Alzheimer's or another dementia.

Savvy Caregiver®
Mondays, November 2, 9, 16, 23, 30 & December 7 • 10 AM–12 PM
Online

Savvy Caregiver® Express (3-weeks)
Mondays, November 9, 16, 23 • 3 PM–5 PM
Online

ONLINE ACTIVITIES

For people living with memory concerns and their care partners. To RSVP or for more information, please contact Anne Oh-Moon at aoh@alzla.org.

Online Activity Hour

An hour of casual fun featuring a mix of music, trivia, jokes, history, news and word teasers presented by Jon Schaeffer.

WEDNESDAY, NOVEMBER 4 • 11 AM
WEDNESDAY, NOVEMBER 11 • 11 AM
WEDNESDAY, NOVEMBER 18 • 11 AM

Memories in the Making

An art program encouraging people to create art. Art experience is not required and art supplies are provided upon request.

WEDNESDAY, NOVEMBER 11 • 10 AM
WEDNESDAY, NOVEMBER 25 • 10 AM

LACMA "Personal Connections" Program

Join LACMA teaching artist Elonda Norris as she discusses works of art from the museum's collection.

MONDAY, NOVEMBER 2 • 10:30 AM (In-person)
MONDAY, NOVEMBER 16 • 11 AM (Virtual)

Museum of Contemporary Art (MOCA) Tour

The Museum of Contemporary Art (MOCA) in Los Angeles is a major museum dedicated to contemporary art from around the world. It features a large collection of modern and contemporary works, along with rotating exhibitions and special installations. Please join us for a one-hour free guided tour. Please RSVP to aoh@alzla.org.

WEDNESDAY, NOVEMBER 18 • 1:30 PM (In-person)

Music to Remember Program

Teaching artist Nandani Sinha gently invites reflection through familiar and beloved songs. We encourage joyful interaction and singing-along throughout.

THURSDAY, NOVEMBER 19 • 11 AM