



Classes & Workshops

June 2026

Join FREE classes & programs in-person & online.

CALL: 844.HELP.ALZ (844.435.7259) VISIT: AlzheimersLA.org. EMAIL: rsvp@alzla.org

ONLINE CLASSES

WEDNESDAY, JUNE 3 • 10 AM

Home Safety and Alzheimer's

THURSDAY, JUNE 11 • 11 AM

Communication & Dementia

WEDNESDAY, JUNE 17 • 9:30 AM

Let's Chat: Driving

THURSDAY, JUNE 25 • 11 AM

Behaviors & Alzheimer's

TUESDAY, JUNE 30 • 4 PM

Memory Loss & Alzheimer's

IN-PERSON CLASSES

THURSDAY, JUNE 8 • 10 AM

Memory Matters

Diamond Bar Center

1600 Grand Ave. Diamond Bar, CA 91765

WEDNESDAY, JUNE 10 • 10:30 AM

Memory Loss & Alzheimer

Granada Hills Public Library

10640 Petit Ave Granada Hills, CA 91344

THURSDAY, JUNE 11 • 10 AM

Healthy Brain Habits

La Mirada Activity Center

13810 La Mirada Blvd. La Mirada, CA 90638

THURSDAY, JUNE 16 • 1 PM

Healthy Brain Habits

Sunland Senior Citizens Center

8640 Fenwick St. Sunland, CA 91040

THURSDAY, JUNE 18 • 10 AM

Memory Matters

Cerritos Senior Center

12340 South St, Cerritos, CA 90703

ONLINE ACTIVITIES

For people living with memory concerns and their care partners. To RSVP or for more information, please contact Anne Oh-Moon at aoh@alzla.org.

Online Activity Hour

An hour of casual fun featuring a mix of music, trivia, jokes, history, news and word teasers presented by Jon Schaeffer.

WEDNESDAY, JUNE 3 • 11 AM

WEDNESDAY, JUNE 10 • 11 AM

WEDNESDAY, JUNE 24 • 11 AM

Memories in the Making

An art program encouraging people to create art. Art experience is not required and art supplies are provided upon request.

WEDNESDAY, JUNE 10 • 10 AM

WEDNESDAY, JUNE 24 • 10 AM

LACMA “Personal Connections” Program

Join LACMA teaching artist Elonda Norris as she discusses works of art from the museum's collection.

MONDAY, JUNE 15 • 11 AM

Music to Remember Program

Teaching artist Nandani Sinha gently invites reflection through familiar and beloved songs. We encourage joyful interaction and singing-along throughout.

THURSDAY, JUNE 18 • 11 AM

BasebALZ Program

An hour for those who love baseball and want to talk about it.

FRIDAY, JUNE 26 • 11 AM

SAVVY CAREGIVER WORKSHOPS

This program develops the basic knowledge, skills, and attitudes needed to care for someone with Alzheimer's disease or another dementia.

Savvy Caregiver® Express:

3-week program

MONDAYS, JUNE 1, 8, 15 •

9:30 AM–11:30 AM

Online