

# IMPACT REPORT

## Response to COVID-19

March – June 2020

### OUR IMPACT IN RESPONSE TO COVID-19

Since March 2020, we have seen the need for our services increase:

#### EDUCATION PROGRAMS



We created a series of 40 virtual events that are FREE to the community and provide information on topics including brain health, Alzheimer's safety, and caregiving. Over **700 people** participated.

#### CARE COUNSELING



Over **425 calls** were made to family caregivers who received disease education, care planning, support, and crisis management.

#### HELPLINE



**492 calls** were received from caregivers looking for crisis intervention, support, information, and referrals. Anxious and stressed caregivers reported more troubling and serious situations, and our staff was there to help and find solutions.

#### VIRTUAL SUPPORT GROUPS



We facilitated **61 virtual support groups** in English and Spanish around COVID-19 in the last three months. Topics have included bereavement, caregiver support, and stress around having loved ones in residential facilities.

#### CAREGIVER TIP SHEETS



A series of four lower literacy tip sheets in different languages on dementia and COVID-19 were developed for family caregivers.

#### PROFESSIONAL TRAINING



We partnered with USC Rancho California Alzheimer's Disease Center to provide a webinar to healthcare professionals on Dementia and COVID-19. This timely and relevant webinar had over **325 attendees**.

#### OUR MISSION

Improving the lives of local families affected by Alzheimer's and dementia by increasing awareness, delivering effective programs and services, providing compassionate support, and advocating for quality care and a cure.



#### THE NEED

Many of our family caregivers were severely stressed before the pandemic. Now, many feel they cannot manage. They are even more depressed, hopeless, and anxious. Families need counseling, emotional support, connection to resources, and emergency supplies.

#### OUR SERVICES

Alzheimer's Los Angeles has shifted our services in response to COVID-19 to provide the critical care families need now. Our helpline remains open and our care counselors are working with families every day to help them meet their most pressing needs.



#### MEET JOSEPH & ALICIA

Joseph has been the sole caregiver to his wife, Alicia, for many years. He is retired and they live on a limited income. His wife is now on home-hospice, but he is unable to afford the supplies he needs for her care - items like wipes, gloves, and adult diapers - nor can he leave her by herself when he goes to the

grocery store. Through our emergency fund, we were able to have supplies delivered directly to the couple's home by an online supplier and Joseph was connected with the LA County's senior meal delivery service.

Through calls with our care counselor, Joseph was calmed and supported. He was also given the opportunity to join one of our virtual programs for more disease education and a support group. Despite the solitude imposed by his caregiving responsibilities and the pandemic, Joseph is feeling less isolated and desperate. He knows he can contact his care counselor when needed.