FACILITATOR’S MANUAL
CONTENTS

Program Overview 4

Session 1 29
  Introduction Guide 33
  What is Dementia? 37
  Areas of Thinking 46
  Four Quadrants of Feelings 68
  Five Types of Caregiving Families 75
  Home Assignments 85

Session 2 87
  Content & Involved 91
  A Simple Model of Behavior 102
  Stages of Dementia 109
  Home Assignments 120

Session 3 121
  How Complex is a Task? 131
  Decision-Making Grid 138
  Class Review 147
  Next Steps 150