照護者技巧手冊

藥物
MEDICATIONS

患有阿茲海默症 (疾病) 或失智症 (癥状) 的人可能需要他人協助準備他們的藥物. 以免因服用太多, 過少或者不按指示而構成危險.

您可以做些什麼?

密切觀察
- 確保患者:
  - 在正確的時間服用適當數量的藥丸
  - 遵循藥物的指示
- 不要將藥物放在患者容易拿到的地方
- 不要讓患者單獨服藥

鎖好藥物
- 確保所有藥物都在患者的視線範圍之外和不可觸及之處

與所有的醫生交談
- 在沒有詢問開處方的醫生之前, 不要停止給藥
- 每次見醫生時用袋子或盒子攜帶所有藥物
  - 包括維生素, 草藥, 茶, 藥膏和藥店的其他藥物
- 詢問醫生藥物是否可以混入食物或飲料
  - 如果可以的話, 就能幫助您的患者服藥

注意: 如果您發現突然出現的變化, 如暴力行為或浴室事故, 請盡快聯繫醫生
- 這些變化可能是由於藥物或新疾病反應所致

為什麼會發生這種情況?

患有阿茲海默症或失智症的人可能會:

- 忘記服用藥物

- 忘記他們已經服用了藥物, 而一次又一次地服用

- 因為服用錯誤或過量藥而導致生病或中毒

Alzheimer's
LOS ANGELES

Medications

People with Alzheimer's or dementia may need help with taking their medicine. Taking too much… or too little… or not following the directions… can be dangerous.

WHAT CAN YOU DO?

WATCH CLOSELY

- make sure he or she:
  - takes the right number of pills at the right times
  - follows the directions on the medication
- do not leave medications in a pill box or cup on the counter
- do not leave him or her alone to take their medicine

LOCK AWAY MEDICINE

- make sure all medications are out of sight and out of reach

TALK TO ALL THE DOCTORS

- do not stop giving any medicine without asking the prescribing doctor first
- bring all medicines in a bag or box to every doctor
  - include vitamins, herbs, teas, creams, and other pills from the drugstore
- ask the doctor if medicines can be mixed into foods or drinks
  - this is helpful if you are having trouble getting your person to take their pills

NOTE: If you notice sudden changes like violent behaviors or trouble with bathroom accidents, call the doctor

- these changes could be caused by a reaction to a medication or a new illness

WHY DOES THIS HAPPEN?

People with Alzheimer's or dementia might:

- forget to take their medications

- forget that they took their medication, so they take them again and again and again

- get sick or be poisoned because the wrong pills or too many pills were taken

Alzheimer's LOS ANGELES

**844.HELP.ALZ
AlzheimersLA.org**

© 2016 Alzheimer's Los Angeles
Supported by DHHS, ACL (#90AL0002-01-00)