

為什麼會發生這種情況？

患有阿茲海默症或失智症的人可能不安全，當他們：

- 不遵守交通標誌
- 車開得太快或太慢
- 開始對汽車裡的其他人或其他司機生氣
- 碰撞路緣
- 穿越車道
- 混淆剎車和油門踏板
- 忘記他們要去哪裡
- 前往原來知道的地方時迷路

隨著時間的推移，患有阿茲海默症（疾病）或失智症（癥狀）的人發現駕駛越來越困難。到某個時刻，他們將需要停止駕駛，這對他們來說可能非常困難。這感覺就像司機和家庭成員喪失自由，但對每個人來說，安全至上是最重要的。

您可以做些什麼？

隨時留意

- 注意是否有違規停車或交通罰單
- 留意汽車上的新刮痕，標記或凹痕
- 多留意患者關於對其他開車的人或如何操作汽車的怨言

幫助他們停止駕駛

- 請醫生告訴他們不能再開車
- 確保醫生向車輛管理局 (DMV) 提交報告，說明患者的失智症診斷
- 請一個親密的朋友，牧師，或神父要求患者停止駕駛，告訴他們別人會開車送他們去商店或預約活動
- 要求別人幫助... 如提供膳食，提取處方藥，或只是探訪

發揮創意

- 藏好鑰匙
- 將車停在患者視線之外
- 取下電池或起動線
- 推脫說汽車正在維修工廠
- 先上車，這樣您可以成為司機
- 提供一組看起來類似，但無法啟動汽車的鑰匙
- 讓他們覺得讓別人開車更有趣

最後：

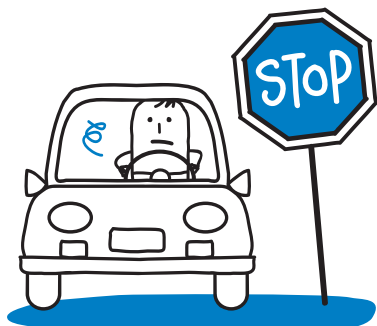
- 出售汽車 — 節省下來的汽油，保險和維修費用，可用出租車，Uber，LYFT 或僱用別人開車



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Traditional Chinese

Driving



WHY DOES THIS HAPPEN?

People with Alzheimer's or dementia may be unsafe when they:

- don't follow traffic signs
- go too fast or too slow
- become angry at others in the car or other drivers
- hit curbs
- cross over lanes
- confuse the brake and gas pedals
- forget where they are going
- get lost going places they know

Over time, driving gets harder for people with Alzheimer's or dementia. At some point they will need to stop driving and this can be very hard for them. It feels like a loss of freedom for both drivers and family members, yet SAFETY is most important.

WHAT CAN YOU DO?

KEEP AN EYE OUT

- watch for parking or traffic tickets
- look for new scratches, marks, or dents on the car
- listen for complaints about other drivers or how the car operates

HELP THEM STOP DRIVING

- ask the doctor to tell them they can no longer drive
- make sure the doctor files a report to alert the Department of Motor Vehicles (DMV) of the dementia diagnosis
- have a close friend or a minister, priest, or rabbi ask your person to stop driving
- tell them someone else will drive them to the store or appointments
- ask others for help... deliver meals, pick up prescriptions, or just to visit

BE CREATIVE

- hide the keys
- park the car out of sight
- remove the battery or starter wire
- say the car is in the shop
- get in the car first so you can be the driver
- give a set of keys that look like the old keys but won't start the car
- make having someone else drive sound like fun

FINALLY

- sell the car... it saves money on gas, insurance, and repairs that can be used for taxis, Uber, LYFT, or paying someone to drive



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