

## **Walk supports fight against Alzheimer's**

October 10, 2019

Alzheimer's Los Angeles will hold its annual "Walk4ALZ" on Sunday, Oct. 20 at the Los Angeles State Historic Park.

Registration begins at 8, and the walk starts at 10 a.m. The one-mile walk is open to people all ages and abilities and raises awareness and funds for programs to benefit people suffering from Alzheimer's and dementia.

Alzheimer's Los Angeles has been serving families dealing with Alzheimer's diagnoses and other forms of dementia for almost 40 years. Much of the funds raised are used to provide free resources, support groups and counseling for caregivers.

A celebration with entertainment, booths and fun activities is held at the end of the walk. The Los Angeles State Historic Park is located at 1245 N. Spring St., near downtown Los Angeles.

For information, visit [connect.alzheimersla.org](https://connect.alzheimersla.org).