

Dementia Capable Communities



Alzheimer's disease is the most common form of dementia and the 3rd leading cause of death for older women in LA County.

A Dementia Capable Community is one where people living with dementia and their families feel supported and included.

Dementia Capable Communities are:



KNOWLEDGEABLE

- About dementia & Alzheimer's
- About available local resources



FRIENDLY

- Look out for those at risk for abuse
- Lend a helping hand to those who look disoriented or lost



RESPECTFUL

- Welcoming to all families
- Reducing the stigma associated with the disease and fostering inclusion



Dementia Capable Community Checklist

Actions your community can take to become more dementia friendly

- Educate businesses and faith-based institutions and encourage them to offer specialized services
- Provide opportunities for people living with dementia to work or volunteer and engage in community decisions
- Work with local transportation services to train staff, provide door-to-door transportation for those with dementia, and offer free transportation for care partners
- Link people to local affordable activities (e.g. education, support groups, art/music, physical activity programs)
- Coordinate disaster planning with special attention to the needs of people with dementia
- Provide support for families to prepare for and minimize risk of wandering including establishing training, use of technologies and better coordination among first responders
- Link people to technologies such as smart locks, motion sensor lights, and smart sensors for stoves to increase safety in the home
- Increase awareness of community-based resources (e.g. adult day care, respite, health care services, and experts in financial and legal services)
- Increase public awareness to reduce the stigma of dementia via TV, radio, posters and social media

Alzheimer's Los Angeles provides FREE support, education, and collaboration. Together we can build dementia capable communities!