Alzheimer’s Among African Americans

Now the 3rd leading cause of death for older women in Los Angeles County\(^1\).

Alzheimer’s is the most common form of dementia. African Americans are TWICE as likely to have Alzheimer’s when compared to older whites\(^2\).

Alzheimer’s is a disease of the brain. It causes problems with the ability to think, learn and remember\(^3\).

Warning signs include: repeating questions or stories, getting lost in familiar places, withdrawal from friends, misplacing things more often, frequent falls, poor judgement when dealing with money, and difficulty with language\(^4\).

Talk to your doctor about any memory concerns. Having a diagnosis is important to determine proper care and treatment.

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Age is the greatest risk for Alzheimer’s and our population is aging rapidly. The number of Californians living with Alzheimer’s will increase 30% by 2025 (1).

In Los Angeles, African Americans living with Alzheimer’s is expected to GROW 30% by 2030 (5).

Developing dementia has been linked to a number of risk factors, including: diabetes, heart disease, high blood pressure, and lack of exercise (4). Risks for neglect and persons getting lost are significant and costly to society (6).

End Notes

We provide FREE family support & education
• Call our Helpline
• Join a caregiver support group in your area
• Speak with a Care Counselor
• Attend a free education event

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