

## Support Group Directory

**KEY:**

**AC**-Adult Children **B**-Bereavement **BS**-Bereavement Spanish **C**-Contact Person **CG**-Caregivers (General) **DS**-Caregivers of Down Syndrome PWDs **EC**-Early Stage Caregivers **EP**-Early Stage Persons **EO**-Early On-Set Persons **F**-Facilitator **FB**-Faith Based **FT**-Frontal Temporal Caregivers **H**-Huntington's Disease **LGBTQ**-Lesbian, Gay, Bisexual, Transgender, Questioning **M**-Male Caregivers **P**-Parkinson's Caregivers **PWD**-Persons with Dementia **S**-Spouse **VD**-Stroke Survivors **YA**-Young Adults of PWD **YO**-Young On-Set (EO) Caregivers **\$**-Inquire about Fee/Donation **\***-Trained by Alzheimer's Greater Los Angeles

Please contact Facilitator/Contact for group location, day, and time.

City	Group Location/Name	Facilitator / Contact	Contact Info	Group Type
<b>Telephone Support Groups</b>				
All service areas	Telephone Caregiver Support Group	Alicia Villegas	323-930-6247	CG, Spanish, *
All service areas	Telephone Caregiver Support Group	Paoling (Ruth) King	323-274-4431	CG, Mandarin, *
All service areas	Young (Early) Onset Telephone Caregiver Support Group	F: Lauren Spiglanin C: Amy Landers	310-383-1877	EO, *
<b>Antelope Valley</b>				
Lancaster	Lancaster Adult Day Care	Sheila Wright	661-948-1228	CG
<b>Santa Clarita Valley</b>				
Newhall	Santa Clarita Senior Center	F: Judith Harris C: SuzAnn Nelson	661-259-9444	CG, *
Newhall	Oakmont of Santa Clarita	F & C: Mary Dembkowski F: Deborah Dicorradro	661-993-3240 661-993-2004	CG, *
Santa Clarita		Mary Wayman		CG, *
<b>San Fernando Valley</b>				
Agoura Hills	Meadowbrook Senior Living	Tami Podell	818-357-1123	CG, *
Agoura Hills	Agoura Hills Rec Center	Tami Podell	818-597-7361	CG, *
Burbank	Belmont Village of Burbank	Jose Acumabig	310-210-3801	CG, *
Burbank	Belmont Village of Burbank	Evelyn Enriquez	818-972-2405	CG
Burbank	Leeza's Care Connection	C: Wendy Saltzburg	818-847-3686	CG, AC, EP, *
Calabasas	Silverado Senior Living Calabasas	Isabella Sapszyan	818-222-1000	CG, *
Calabasas	Silverado Senior Living Calabasas Memory Care Community	Jennifer Watson	818-317-3421	CG, *
Canoga Park	Alzheimer's Greater Los Angeles Memory/Grad Club	Alle Rhames	818-830-4739	EP, EC, *
Canoga Park	Alzheimer's Greater Los Angeles	Francisca Reynoso	818-398-1475	CG, Spanish, *
Encino	Hope Connection	Jo Christner	818-788-4673	B
Glendale	Glen Park Healthy Living	F: Annie Cardillo F: Paula O'Sullivan	818-242-9000 818-296-4097	CG, *
Granada Hills	Aegis Living of Granada Hills	Jeri Lynn Posner	818-776-1183	CG *
North Hills	Sepulveda VA Medical Center	Elissa Brown	818-891-7711 x7320	CG
North Hollywood	Private Home	Nadia Cantuña	818-720-4482	CG, B, Spanish, *
Northridge	Pacifica Senior Living	Jennifer Watson	818-317-3421	CG, S, *
Pacoima	Little Tokyo Service Center - Japanese-American Community Center	F: Isabelle Miyata C: Lois Okui	818-899-1989	CG, English, *
Reseda	Jewish Home for the Aging - Eisenberg Village	Jennifer Watson	818-317-3421	EP, *
Reseda	Jewish Home for the Aging - Fountainview	F: Carol Sue Selinger F: Jennifer Watson C: Susan Leitch	818-499-1194 Pager	CG, AC, *

San Fernando Valley (continued)				
Sherman Oaks	Belmont Village	F: Bernie Sanders C: Eric Rocha	818-788-8870	CG, *
Sylmar	LA Caregiver Resource Center (LACRC) - Lake View Terrace Library	Lucila Torres	855-872-6060	CG
Tarzana	Private Home	Nancy Kunin	818-881-4548	AC
Van Nuys	ONEgeneration Adult Day Care	Denise Kee-White	818-708-6376	CG, *
West Hills	Circle of Caring / Private Home	Frances Malcom	818-883-1532	CG
West Hills	Sunrise Senior Living	Stephanie Bien	818-701-9550	CG
Woodland Hills	Woodland Hills Caregiver Group	Karin Marin	818-734-9991	CG, EC*
Woodland Hills	The Commons at Woodland Hills	Jennifer Watson	818-317-3421	CG, *

San Gabriel Valley				
Azusa	Silverado Senior Living Sierra Vista	Michelle Broehm	626-812-9777	CG
Glendora	La Fetra Senior Center	Jill Bakker	626-774-1419	CG, *
Glendora	La Fetra Senior Center - After Stroke	Sonia Schupbach	626-914-8235	CG
Pasadena	Alzheimer's Greater Los Angeles Memory Club at Huntington Hospital	Kristen Tachiki	626-397-8145	EP, EC, Early Stage, *
Pasadena	Alzheimer's Café / Pasadena Senior Center	F: Laura Koperski F: Renee Concialdi F: Amber Bolanos	626-584-8130	CG
Pasadena	CAPS Adult Day Care Center	Mimi Brown	626-351-5427	CG, *
Pasadena	Pasadena Highlands	Carol Sue Selinger	818-499-1194	CG, *
Pasadena	Terrace at Park Marino	Carol Sue Selinger	818-499-1194	CG, *
San Gabriel	Vista Cove	Lisa To	626-289-8889	CG, *
West Covina	West Covina Senior Center	Patti Schaub	626-963-6000	CG, *

Metro Los Angeles				
Beverly Hills	Nessah Synagogue	Nancy (Nahid) Rafii	310-874-5110	CG, Farsi, *
Beverly Hills	Sunrise Senior Living Beverly Hills	Gayla Scoll	310-387-0269	CG, *
Hollywood	Triangle Square	Blossom Vernon	323-957-3900 x116	CG
Los Angeles	Alzheimer's Greater Los Angeles	Dave Sitzer	213-293-9408	CG, M, *
Los Angeles	Alzheimer's Greater Los Angeles	Zina Paris	323-930-6212	AC, YA, *
Los Angeles	Alzheimer's Greater Los Angeles Memory/Grad Club/Alumni Club	Amy Landers	323-930-6289	EC, EP, EO, *
Los Angeles	APHCV - Los Feliz Health Care Center	Perla Santos	323-644-3880 x341	CG, Tagalog
Los Angeles	Little Tokyo Service Center - St. Francis Xavier Chapel	Kiyoko Kaneda	213-473-3035	CG, Japanese & English, *

West Los Angeles				
Culver City	Culver City Senior Center	Marie Vernon	844-657-4748	CG, *
Los Angeles	Kaiser Permanente - West LA Medical Center	JB Saunders	323-857-3784	CG, *
Los Angeles	OPICA Adult Day Health Center	Anne Galbraith	310-478-0226	CG, S, \$, *
Los Angeles	Private Office	Gayla Scoll	310-387-0269	B, \$, *
Los Angeles	Silverado Senior Living Beverly Place	Arpine Varnidium	323-852-9200 or 323-236-0335	CG, *
Los Angeles	West LA VA Medical Center - group for Veterans or Caregivers of Veterans	Jessica Alva	310-478-3711 x41652	CG
Pacific Palisades	Atria Senior Living	Judith Delaney	310-713-7478	CG, *
Santa Monica	WISE & Healthy Aging	F: Nick Eisner (am) F: Blaine McFadden (pm) C: Phyllis Amaral	310-394-9871	CG
West Los Angeles	Hope Connection	Jo Christner	818-788-4673	B

West Los Angeles (continued)				
Westwood	Belmont Village of Westwood	Gayla Scoll	310-387-0269	CG, *
Westwood	UCLA - Mary S. Easton Center / Alzheimer's and Dementia Care Program Support Group	F: Barbara Hament F: Monica Moore	310-794-3914	CG, *

South Los Angeles				
Los Angeles	National Council of Negro Women Building	F & C: Jeanie Harris F: Sharon Melancon	323-296-2975	CG, FB
Los Angeles	St. Paul's Presbyterian Church	F: Lois Hines F: Andrea Michelle Bracken	323-295-2062	CG, FB, *

East Los Angeles				
Cerritos	Cerritos Senior Center	Lisa Miyahata	562-916-8550	CG
Huntington Park	Alzheimer's Greater Los Angeles - Huntington Park Public Library	Angie Moran	323-859-8810	CG, Spanish, *
Los Angeles	Alzheimer's Greater Los Angeles	F: Alicia Villegas C: Leticia Meza	323-881-0586	CG, Spanish, *
Montebello	Beverly Hospital Women's Care Center	F: Sandy Acosta C: Alice Baldwin	323-889-2497 323-725-5032	CG, *
Whittier	Oakmont of Whittier	Vickie Pearson	562-693-8222	CG
Whittier	Whittier Place Senior Living	Tina Hernandez	714-856-3909	CG

South Bay				
Gardena	Southbay Caregiver Support Group	Akiko Takeda	310-819-8659	CG, Japanese & English, *
Harbor City	Kaiser South Bay Medical Center	Sherrie Similton	310-832-6031	CG
Inglewood	Inglewood Senior Center	Linda Peterson	310-412-4368	CG, *
Long Beach	Brittany House	Anita Cirifalco	562-421-4717	CG
Long Beach	Faith Presbyterian Church	Terri Furlow	562-427-8048	CG, *
Long Beach	Long Beach Memorial Medical Center	Norma Frias	562-933-1650	CG, *
Los Alamitos	St. Hedwig's Church	Paty Piar	562-795-5762	CG & FB
Manhattan Beach	American Martyrs Church & Homewatch Caregivers	Dick Williams	310-292-0996	CG, *
Palos Verdes Peninsula	Palos Verdes Peninsula Center Library	Krista Emery	310-376-3205	CG, *
Palos Verdes Peninsula	Aida/Peninsula Seniors	Carol Hahn	310-612-9064	CG, *
Redondo Beach	Beach Cities Health District	F: Shiori Lange C: Officer of the day	310-374-3426 x256	CG
Redondo Beach	Beach Cities Health District - Memory Club	F & C: David Hart F: Tara Guden	310-792-8666	CG, EP, EC, *
Redondo Beach	The Neurobehavioral Healthcare Center	Lauren Keats	310-855-3288	CG, *
Redondo Beach	OPICA Brain Train/Beach Cities HD	Carol Hahn	310-612-9064	CG, *
San Pedro	Harbor Terraces Assisted Living	Lauren Spiglanin	310-383-1877	CG, *
San Pedro	The Salvation Army Sage House Adult Day Care Center	Sherrie Similton	310-832-6031	CG
San Pedro	St. Peter's Episcopal Church	Lauren Spiglanin	310-383-1877	CG, *
Torrance	Always Best Care	David Hart	310-792-8666	CG, *
Torrance	The Remedy Pharm	Lauren Spiglanin	310-383-1877	CG, *
Torrance	Sunrise at Palos Verdes	Lauren Spiglanin	310-383-1877	CG, *

Inland Empire				
Apple Valley	Valley Crest Memory Care	Renee Savage	760-242-3188	CG
Big Bear Lake	Senior Citizen Center of Big Bear Valley	Mary Andresen	909-585-7958	CG, *
Chino	Pacifica Senior Living Hillsborough	F: Angelika Pittet C: Lena Gutierrez	909-548-2100	CG, *
Chino Hills	Pacifica Senior Living Chino Hills	Lloyd Mustin	909-270-0866	CG, *
Chino Hills	Chino Valley Community Church	F & C: Lloyd Mustin F: Lisa Laufer	909-270-0866	CG, *
Chino Hills	Oakmont Senior Living	Lloyd Mustin	909-270-0866	CG, *
Claremont	Claremont Joslyn Senior Center	F: Angelika Pittet F & C: Lydia Bouroumand	909-621-9900 x238 or 909-399-5488	CG, *
Claremont	Claremont Place	F: Angelika Pittet F: Lydia Bouroumand C: Tricia Elliker	909-447-5259 or 909-399-5488	CG, *
Claremont	Claremont Club	Laura Van Dran	909-921-1033	CG, *
Claremont	Pilgrim Place Health Services	Laura Van Dran	909-921-1033	CG, *
Claremont	Sunrise of Claremont	Lloyd Mustin	909-270-0866	CG, *
Colton	Inland Caregivers Resource Center	F: Tanya Brown C: Maria Barnes	800-675-6694	CG
Corona	Brookdale Corona	Joy Rivera	951-898-6991	CG
Corona (Eastvale)	New Day Christian Church	Sarah Sims	714-488-6402	CG
Fontana	Kasier Permanente	F: Aida Blanco C: Maria Barnes	800-675-6694	CG, Spanish
Loma Linda	Adult Day Services of Loma Linda	F: Myriam Aragon C: Maria Barnes	800-675-6694	CG, Spanish
Loma Linda	Linda Valley Senior Living	Kay Perryman	909-799-3117	CG
Mentone	Rose Garden	Alexis Perez	909-794-1040	CG, *
Ontario/Rancho Cucamonga	Memory Club, Alzheimer's Greater Los Angeles	TBD	909-944-9680	EC, EP, Spanish, *
Rancho Belago (Moreno Valley)	Renaissance Village Senior Living	Mechelle Alona	951-379-0100	CG, *
Rancho Cucamonga	Alzheimer's Greater Los Angeles & Home Instead Senior Care	Brandi Johnson	909-476-9030 909-944-9680	CG, *
Rancho Cucamonga	Sunlit Gardens	Kelli Garfield	909-215-2142	CG
Redlands	Blossom Grove	Elizabeth Whittington	951-249-5278	CG, EO, PWD
Redlands	Blossom Grove at Stell Coffee & Tea	Marissa Drinkhouse	909-335-6660	CG, *
Redlands	Plymouth Village Retirement Community	Connie Garrett	909-793-1233 x1620	CG, *
Redlands	Somerford Place Assisted Living	Jennifer Castaneda	909-793-9500	CG, *
Riverside	Care Connexus Adult Day Services	James Slater	951-509-2500	CG
Riverside	Community Care on Palm	Sylvia Morales	951-686-9001 x27	CG
Riverside	Parkview Hospital - Founder's Center - Zweig 1	F: Daniel Medina F & C: Maria Barnes	951-505-1280 800-675-6694	H, CG, Spanish
Riverside	Pacifica Senior Living	F: Jill Johnson-Young C: Patty Roach	951-360-1616	CG
Riverside	Raincross at Riverside	Ruthie Daniel	951-785-1200	CG, *
Riverside	Raincross at Riverside	F: Tanya Brown C: Maria Barnes	800-675-6694	CG
Riverside	Sunrise Senior Living - Canyon Crest	F: Paul Velen C: Mary-Ellen Taber	F: 951-536-0956 C: 951-686-6075	CG, *
Riverside	Welbrook Senior Living	Tracey Holt	951-686-2241 x218	CG, EC, FT, P
San Bernardino	Community Hospital of San Bernardino (Dignity Health Ed Ctr)	F: Sheila Torres C: Maria Barnes	800-675-6694	CG
Upland	Gibson Senior Center	F: Sue Wolkins C: Maria Barnes	800-675-6694	CG

Inland Empire (continued)				
Upland	Oakmont of San Antonio Heights	Michelle Morales	909-981-4002	CG, EO, AC, S, *
Upland	St. Anthony's Catholic Church	Laura Van Dran	909-921-1033	CG, *
Victorville	Home Instead Senior Care	Brandi Johnson	760-843-5655 or 909-476-9030	CG, *
Victorville	Sterling Commons	Debra Newlin	760-245-3300	CG
Victorville	Sterling Inn	F: Sue Wolkins F: Aida Blanco C: Maria Barnes	800-675-6694	CG, P

SW Riverside County				
Beaumont	Beaumont Senior Center (Albert Chatigny)	Kay Perryman	909-799-3117	CG
Hemet	Desert Hills Memory Care Center	F: Jane Farmer C: Chantelle Hudson	951-652-1837	CG, EP, *
Hemet	Hemet Public Library	F: Sue Wolkins C: Maria Barnes	800-675-6694	CG
Murrieta	Hospice of the Valley	Maria Barnes	800-675-6694	CG, Spanish
Perris	Our Countryside Resort	F: Maria Barnes	800-675-6994	CG, Spanish
Perris	Our Countryside Resort	F: Lynda Comley F: Beth Alevato C: Maria Barnes	800-657-6694	CG
Sun City/ Canyon Lake	Canyon Lake Community Church	F: JoAnn Wickerath C: Beverly Haney	951-679-7736 F <b>951-244-8711 C</b> 951-244-1877 x200 (church)	CG
Sun City/ Menifee	Kay Cenicerros Senior Center	Anthony Spencer	951-509-2500	CG

To find the most up-to-date Alzheimer's Greater Los Angeles Support Group Directory, visit [www.alzgla.org](http://www.alzgla.org).

To find a Support Group in the Coachella Valley, call Alzheimer's Coachella Valley at 844-435-7259.

To find a Support Group in Orange County, call 949-955-9000 or visit: [www.alzoc.org](http://www.alzoc.org).

To find a Support Group in Ventura County, call 805-892-4259 or visit: [www.alz.org/cacentralcoast](http://www.alz.org/cacentralcoast).