The Legacy of ❖ Lives On

Stories that remind us love transcends. Our heart is always with theirs... and yours. We’re here when you need us, so look for our.

These are just a few of the families who touched our lives and left a lasting impression.

As we celebrate Valentine’s Day, we also celebrate their loving legacies.

“Don’t think of all the misery, but of all the beauty that remains.”
—Anne Frank

“I don’t think of all the misery, but of all the beauty that remains.”
—Helen Keller

“All that we love deeply becomes a part of us.”
—Helen Keller

“The pain of grief is only a shadow when compared with the pain of never risking love.”
—Hilary Stanton Zunin

TOBA & EARL GREINETZ FUND

Seeing his beloved Toba struggle with Alzheimer’s inspired Earl to create the Toba Fund... honoring Toba and helping others, especially families facing an uncertain future financially. Since 2007, the fund has raised more than $500,000: providing countless individuals and families with free access to our master level Care Counselors, as well as respite for overwhelmed caregivers and direct assistance for those with unexpected emergencies.

In September, 2016 Earl joined Toba. As we grieve the loss, we also know they left a legacy of love for their family, the community, and ALZGLA. To honor this, we added Earl’s name to the fund, and renamed it. Gifts to the Toba & Earl Greinetz Fund can be made online: alzgla.org/donate or mailed to: ALZGLA, 4221 Wilshire Blvd, Ste 400, LA, CA 90010.

If you lost someone to Alzheimer’s or another dementia... share their photo/story on our Facebook page @alzgla and become part of our legacy of love.
Engage Your Heart in Advocacy

In January, Congress set repealing the Affordable Care Act (ACA) as one of its highest priorities... without a comparable replacement to date. This action would have devastating consequences for thousands of people with dementia and their families in our communities and across the nation. Imagine having to reduce your hours or quit your job to care for a family member and no longer having access to affordable healthcare. What happens to those with young onset whose diagnosis precludes their ability to work (losing insurance) and creates a pre-existing condition?

Affordable Care Act benefits include:

- free annual Medicare wellness visits that include a cognitive assessment
- expanding coverage of Medicare prescription drugs to eliminate coverage gaps
- eliminating health insurance companies’ refusal of coverage based on pre-existing conditions

In addition, ACA funding supports ALZGLA’s award-winning Dementia Cal-MediConnect Project. This funding helps our organization train Case Managers at health plans to better serve people with dementia and their caregivers.

WE NEED YOU to stand with us and tell our Congressional Representatives, Senators, and the President to leave ACA intact... and to increase funding for Alzheimer’s programs and research. Look for ALZGLA advocacy emails. Take action to make a difference.

alzgla.org/get-involved/advocate

OTHER WAYS TO HELP FROM YOUR HEART...

Volunteer • Lead a support group • Attend an event • Advocate
Put ALZGLA in your estate plan • Donate your car • Host a fundraiser
FOR MORE INFORMATION, please visit alzgla.org

An Unforgettable Evening

Tony Award, Grammy Award, and Drama Desk Award Winning Broadway Legend Jennifer Holliday to perform at our 5th Annual An Unforgettable Evening. Join us for an intimate performance by the original Dreamgirl! Holliday, also known for show-stopping performances in Your Arm’s Too Short to Box with God, Chicago, and Grease, most recently graced the stage with The Color Purple. The night promises to be a “Party, Party!”

An Unforgettable Evening will be held at a private estate on Sunday, May 7, 2017 and is limited to 250 guests. Proceeds benefit ALZGLA’s Disney Family Fund, ensuring that no one goes without access to essential programs, services, and resources, regardless of race, ethnicity, religion, sexual orientation, geography, age, or socio-economic status.

For more info contact:
John Seiber, VP of Development
323.930.6208 • jseiber@alzgla.org

Caregivers Corner

Caregiving starts with the heart... let ours help you!
Alzheimer’s Greater Los Angeles offers support for those caring for a loved one 24/7... 844.HELP.ALZ or register for one of our free programs including:

- Savvy Caregiver, Savvy Express, & Cuidando con Respeto Workshops
- Weekly Caregiving Twitter Chats #askalzglad
- Early Stage Programs (Memory Club, Grad Club, Alumni Club)
- Resources/Education Info & Materials
- Caregiver Support Groups, including:
  - Telephone Support Groups
  - Men’s Support Group
  - Adult Children Support Groups
Walking... it’s Good for Your

Exercise has many health benefits and, along with diet, sleep, meditation, and stress reduction, reduces the risk of dementia. Do something good for your heart and mind... participate in a walk4ALZ near you! walk4ALZ is a great way to keep moving and connect with community. 100% Stays Local... 20% of proceeds to Local Research.

REGISTER: alzgla.org/walk4ALZ

### OUR MISSION
...improving the lives of local families affected by Alzheimer’s/Dementia by increasing awareness, delivering effective programs/services, providing compassionate support, and advocating for quality care and a cure.

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- William Vega, PhD
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### 2016 in Numbers

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<th>Category</th>
<th>Number</th>
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<tbody>
<tr>
<td>Support Groups</td>
<td>159</td>
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<td>Types of Support Groups</td>
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<td>Languages Served</td>
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<td>Accessed Early Stage Services</td>
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<td>Attended Education &amp; Training Events</td>
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<td>Participated in Community Outreach</td>
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**Sponsored by: Alzheimer’s and Dementia Awareness Group (ALZGLA)**

**Inland Empire**
- Saturday, February 11, San Gabriel Valley Rose Bowl
- Saturday, April 22, Inland Empire Auto Club Speedway

**San Fernando Valley**
- Saturday, March 25, East Los Angeles Civic Center
- Saturday, June 24, Woodley Park
- Saturday, October 29, Los Angeles Century Park

**San Fernando Valley**

**Estate Los Angeles**
- Saturday, March 25, East Los Angeles Civic Center
- Saturday, June 24, Woodley Park
- Saturday, October 29, Los Angeles Century Park

**San Gabriel Valley**
- Saturday, March 25, East Los Angeles Civic Center
- Saturday, June 24, Woodley Park
- Saturday, October 29, Los Angeles Century Park

**Los Angeles**
- Saturday, March 25, East Los Angeles Civic Center
- Saturday, June 24, Woodley Park
- Saturday, October 29, Los Angeles Century Park
Greater Los Angeles HQ
4221 Wilshire Blvd, Ste 400
Los Angeles, CA 90010
323.938.3379

East Los Angeles Service Center
133 North Sunol Dr, Ste 237
Los Angeles, CA 90063
323.881.0574

San Fernando Valley Service Center
21515 Vanowen St, Ste 120
Canoga Park, CA 91303
818.830.8590

Inland Empire Service Center
2002 Iowa Ave, Ste 107
Riverside, CA 92507
951.241.7878

Santa Clarita Valley Service Center
27240 Turnberry Lane, Ste 200
Valencia, CA 91355
661.362.0740

844.HELP.ALZ | alzgla.org

Community Outreach
We offer events throughout Greater Los Angeles and the Inland Empire including:
- Memory Mornings
- Memory in the Making
- All About Memory
- Alzheimer’s Q&A
- Keeping Your Brain Healthy
- Hablemos: Alzheimer y Problemas de la Memoria
- Manteniendo la Salud Cerebral

Go to alzgla.org for a full Calendar of upcoming events, or call our Helpline 844.HELP.ALZ

Young Professionals Committee
In your 20s or 30s and want to get involved in the fight against Alzheimer’s? Join ALZGLA’s YPC (Young Professionals Committee). We Need You!
Contact: Lola Davidson
Ldavidson@alzgla.org • 323.930.6228

Join Us 4 Wednesday Twitter Chats
#AskAlzGLA
Wednesdays
10:30am–11:30am
Want more details? go to alzgla.org

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Instagram
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844.HELP.ALZ
24/7 Helpline
alzgla.org